



1. Weather



November-February: range from 10°C to 20°C in average, slightly dry

March-May: range from 20°C to 28°C, very humid

Visit the Hong Kong Observatory for the weather forecast: <u>https://www.hko.gov.hk/en/index.html</u>

Remember to bring a jacket/cardigan to class as the air-conditioning can get quite chilly!

2. Hong Kong Identity (HKID) Card

If a person is a new arrival aged 11 or over and has been permitted to stay in Hong Kong for more than 180 days, he/she must register for a Hong Kong identity card within 30 days of arrival. No fee is charged for identity cards issued to new arrivals.

Appointment Booking	2598 0888 https://www.gov.hk/en/residents/immigration/idcard/hkic/bookregidcard.htm	
Website	https://www.immd.gov.hk/eng/index.html	
Address	F, Immigration Tower, 7 Gloucester Road, Wan Chai ITR Wan Chai Station – Exit A5)	

3. Academy Campuses



Wanchai Campus: 1 Gloucester Road, Wanchai, Hong Kong







The Academy provides free shuttle bus service for students to commute between Wanchai Campus and Bethanie Campus from Monday to Friday (except public holidays or non-teaching periods). The arrangements of the shuttle bus service will be announced at the beginning of each semester by Academy Email.

4. Local Transportation

MTR Corporation	The Academy is located roughly mid-way between the Admiralty and Wanchai MTR stations, although it is slightly closer to Admiralty. Train Trip Planner: <u>http://www.mtr.com.hk/en/customer/jp/index.php</u> Eligible full-time day course* students who have not reached 26 years
	old (an applicant's age is determined by the date the application is submitted) can join the " MTR Student Travel Scheme ". Please visit MTR website
	(<u>https://www.mtr.com.hk/en/customer/tickets/student_travel_scheme_</u> <u>Important_Note.html#01</u>) and watch out for Academy email announcement.
Citybus Limited	Buses stop outside the Academy: 18, 18P, 18X, 40M, 590, 720, 720A, 720P, 722, 780, 788, A12
城巴 🧲 Citybus	Route Search: https://mobile.citybus.com.hk/nwp3/?f=1&ds=&dsmode=1&I=1
	Buses stop outside the Academy: 936, 936A
The Kowloon Motor Bus	Route Search: http://search.kmb.hk/KMBWebSite/index.aspx?lang=en
Co.(1933) Ltd. / Long Win Bus Company Ltd.	KMB offers an electronic monthly pass that will be uploaded to the Octopus card and its accessories and is valid for over 450 KMB and LWB routes. Monthly Pass enables passengers to take 10 KMB and LWB trips and two trips of Route B1 per day within 30 days.
	Please visit KMB website for details (<u>https://www.kmb.hk/monthlypass.html</u>).

5. Octopus Card



Octopus card is a contactless stored value card that provides customers a simple, safe and secure way to pay. From a simple way to pay fares on public transport, Octopus has extended its reach into small-value payments in the retail sector as well as many other applications, including government tolled tunnel, parking, access control for residential and commercial building, support for various facilities in schools and self-service kiosks.

Octopus Card Website: https://www.octopus.com.hk/en/consumer/index.html

6. Banking Service

The following documents may be required if you are going to open a bank account in Hong Kong. Remember to check with the respective banks for more details:

- Offer letter issued from the Academy
- Passport
- Identify card issued by origin country
- HKID Card
- Academy student ID card
- Proof of address in Hong Kong

7. Mobile Phone Service

Major mobile phone service providers in Hong Kong:

3	https://www.three.com.hk/en/home.html	
Birdie	https://www.birdie.com.hk/mobile/mobile-plan-details/?lang=en https://www.hk.chinamobile.com/en/new_promotion/postpaid- customers.html	
China Mobile		
csl.	https://www.hkcsl.com/en/tariff-plans/	
SmarTone	https://www.smartone.com/en/mobile-service-plans/plans/	
Sun Mobile	https://www.sunmobile.com.hk/eng/plan/187.jhtml	



Raise awareness of different forms of Deception!

In recent years, students have been cheated by bogus phone calls, phishing attack and you should dial Anti-Scam Helpline 18222 to contact the Anti-Deception Coordination Centre of the Hong Kong Police Force (ADCC) officers for assistance in response to suspicious deception cases.

The latest deception alerts announced by the Hong Kong Police Force are available here: <u>https://www.adcc.gov.hk/en-hk/alerts.html</u>



The one-stop scam and pitfall search engine" Scameter" helps the public identify frauds and online pitfalls: <u>https://cyberdefender.hk/en-us/scameter/</u>

The app version "Scameter+" is available for download on the App Store, Google Play, and Huawei AppGallery.

8. Feeling Homesick?

Counselling can help you to seek emotional release and to cope with personal difficulties. It can also help you to explore and understand yourself better. If you think you need help, take a look at the websites of the below organisations or simply talk to Saro or Koen, our Student Counsellors.



Open Up

An online text platform designed specifically to cater the needs of youngsters experiencing emotional distress from different aspects such as family issues, interpersonal relationships and academic stress.

Website: https://www.openup.hk/en-us Hotline: 9101 2012



24-Hour Service Counselling Hotline	Telephone Number
Mental Health Support Hotline	18111
Hospital Authority Mental Health Direct Hotline	2466 7350
The Samaritans Multi-Lingual Suicide Prevention Hotline	2896 0000
The Samaritan Befrienders Hong Kong Hotline	2389 2222
Suicide Prevention Services Hotline	2382 0000

Student Counsellors

Ms Saro Leung • 2584 8310 Ms Koen Tai **①** 2584 8390

⊠ <u>sc@hkapa.edu</u>

Office Hours: 8:30am – 5:20pm (Monday – Friday)

Student Affairs Office, G/F, Theatre Block, Wanchai Campus



9. Health care and Insurance

Medication



Hong Kong's pharmacies are well-stocked, but if you require prescription medication or prefer specific brands, you may consider bringing it along with you. Insect repellent could be useful in the summer months.

Primary Health Care on Campus



The Academy has an on-campus clinic providing primary health care services for all fulltime students during teaching period. In general, medical consultation is free of charge, medication fee for not more than 3-day's medicine is HK\$15.

Doctor consultation hours	Registered nurse's available hours	
Monday to Friday (non-public holidays & teaching period) 12:45 pm - 1:45 pm (last appointment at 1:35 pm) For Appointment: ① 2584 840		

Physiotherapy Services on Campus

The Academy has a student physiotherapy clinic provides physiotherapy consultation and treatment, emergency management of injuries (especially for sports injuries), and physical training advice for all full-time students.

Physiotherapy treatment may include electrotherapy, exercise therapy, manual therapy, bandaging, taping, orthotic aids, or advice. The Physiotherapist is available for consultation on an appointment basis, which is free of charge.

Medical consultations from an Orthopaedic Specialist are also available to students on a need basis.

For Appointment: <a>D 2584 8530 / <a> <a>physio@hkapa.edu

Office Hours: 8:30am – 5:20pm (Monday – Friday) (lunch hour 12:30 pm - 1:30 pm)

Room A409, 4/F, Academy Block, Wanchai Campus

• Public Hospital Care



Specialist care and hospitalization are available at the public clinics and general wards of government hospitals. The nearest <u>Ruttonjee Hospital</u> provides accident and emergency services, and other selected specialist services. The charge for those holding a Hong Kong Identity Card (HKID card) is subsidized. Non-local students without an HKID card are required to pay full fees for services and hospitalization in government hospitals.

Further details regarding Clusters, Hospitals, Institutions, and the fees and charges can be found on the Hospital Authority website: <u>https://www.ha.org.hk/visitor/ha_index.asp?Content_ID=0&Lang=ENG&</u> <u>Dimension=100&Ver=HTML</u>

Group Personal Accident Insurance for Student



The Academy's Group Personal Accident Insurance Policy included primary provisions for students against accidental death, permanent total disability, and accidental medical expenses arising from the events/activities organized by the Academy. Details are available at the intranet. **Students may choose to purchase their own insurance if necessary.**

10. Staying Well

Smoking



According to item 19 of the General Code of Conduct of the Student Handbook, "Taking, smoking, and consuming anything which is against any laws of Hong Kong are strictly prohibited on Academy premises or areas, indoors and outdoors, the breach of which may lead to serious fine, disciplinary action, or expulsion. Students should strictly follow the Non-smoking Policy."

Narcotics

Hong Kong laws concerning narcotics enforcement and penalties may differ from those in other countries. It is important to be aware of these distinctions. In Hong Kong, the following actions are considered offenses and may lead to conviction:

- Trafficking a dangerous drug (includes selling or distributing a drug)
- Manufacturing a dangerous drug
- In possession of, or smoking, inhaling, ingesting or injecting a dangerous drug
- In possession of any pipe, equipment or apparatus fit and intended for smoking, inhaling, ingesting or injecting a dangerous drug
- Cultivating any plant of the genus cannabis or opium poppy

You can find anti-drug information on the Narcotics Division's website (https://www.nd.gov.hk/en/antidrug_resources.html)

